



EDU-REVOLUTION

— REAL LIFE LEARNING —

CLASSROOM CHARACTER BUILDING CHECKLIST

DOES YOUR CLASSROOM?

- PROMOTE WHOLE CLASS DISCUSSIONS
- ALLOW STUDENTS TO REFLECT ON CURRENT LIFE PRACTICES
- PROVIDE ACTIVITIES TO DEVELOP A MORE POSITIVE MINDSET
- HAVE MULTIPLE ENTRY POINTS FOR CHALLENGING TOPICS
- HAVE STUDENTS EXPRESS THEMSELVES THROUGH JOURNALING PAGES
- UTILIZE DIFFERENT TECHNIQUES TO COPE WITH DIFFICULT EMOTIONS
- LEARN ABOUT THE SELF AND BELIEFS ONE HAS
- BUILD CONFIDENCE
- PRACTICE GRATITUDE

